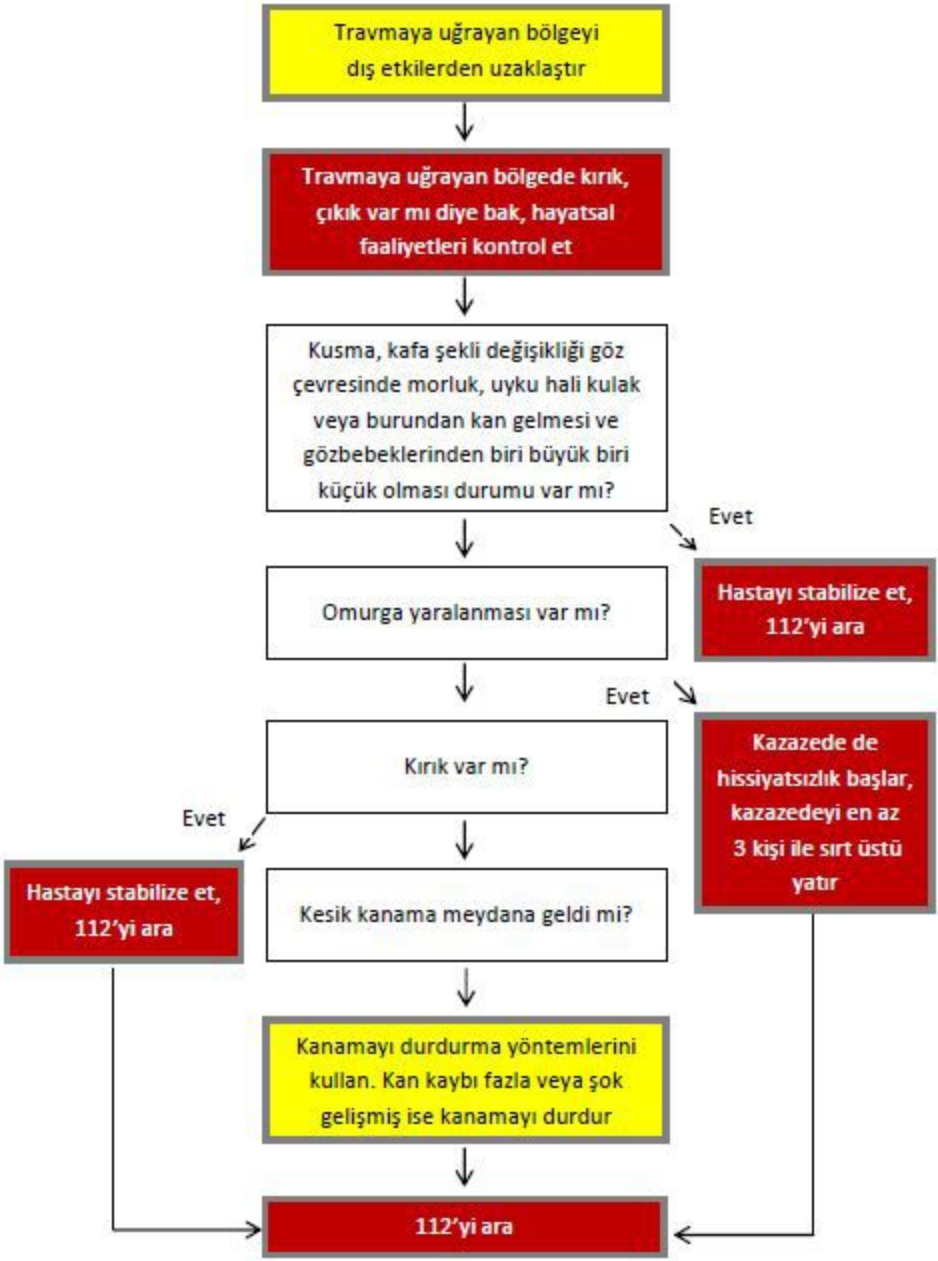TRAVMA ACİL DURUM İLKYARDIM PLANI